Howard Menger's Mate Selection Chart For Humans Rules:

It is a simple law-that in spirit, like attracts like, and in flesh opposites attract each other.

There are two types of bad matings: The ruts or trapped marriage, and the warring or armed truce type of marriage.

Like polarity at the human physical and emotional levels repel each other. If both members of a marriage are strong, positive in nature, then their will be friction and antagonism in the marriage. If both members of a human marriage are of a negative, or receptive nature, always waiting for their mate to take the lead in the union, then the marriage will not progress. The lack of creativity will become a rut. Members will feel trapped.

Fact:

The entire concept of marriage is to bring out the best possible expression in both individuals.

There are 4 levels to each marriage:

The emotional and physical levels. And the spiritual and mental levels. At the emotional and physical levels the Law Of Opposites apply. At the spiritual and mental levels, the members of the marriage must blend or complement each other. The spiritual notions must blend or complement one another. Their intellectually must blend or complement each other.

Examples of the Law of Polarity at the Physical level: Male with a strong-will who is forceful, dominate and virile should mate with a feminine woman who is easy going and laid back.

Female with a masculine strong-will, who is forceful, dominate, forceful should mate with a man who is easy going, quiet, effeminate and retiring.

Examples of the Law of Polarity at the Emotional level: Cool headed, calm, retiring male should mate with a fiery, aggressive, explosive woman.

Cool headed, calm, retiring female should mate with a fiery, aggressive, explosive man.

Current Human Cycle of Mating.

It starts with the illusion, novelty and magic of romance. At this point backgrounds make little difference. But as subsequent misunderstandings emerge, these will pain the marriage deeply. As the romance dims and the prospect of a down-to-earth living with one another surfaces, the true character, temperaments, training, and outlooks emerged. Only then will the in-compatibleness of the marriage come into view.

The Past Life.

Some couples have had successful marriages in the past life. Others have not and are trying to be successful in the current re-incarnation. Some have never been marriages to each other before in their past lifes.

Key.

Together they should blend Spiritually and Mentally, but Emotionally and Physically they should opposite.

Fact.

Mating is a biological, social and soul expression.